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Free Science* Events

April 2019

*and applied-science



Please confirm the date and time of events prior to attending, as they sometimes change.

Wednesday, April 3

York Science Forum: Cybersecurity in the Age of Espionage (York University)

Cybersecurity expert, author, and former FBI operative Eric O'Neill shares stories of how today's cyber spy is responsible for scientifically sophisticated and technologically advanced targeting of your data.

Time & location: 6:30 PM – 8:30 PM

[View Map](#)

Bram & Bluma Appel Salon, Toronto Reference Library
789 Yonge Street, Toronto, ON M4W 2G8

Registration required <https://www.eventbrite.ca/e/york-science-forum-with-eric-oneill-cybersecurity-in-the-age-of-espionage-tickets-55767263386?aff=ebdssbdestsearch>
For more information:

Friday & Saturday, April 5 & 6

Toronto Science Fair 2019 (University of Toronto Scarborough)

The Toronto Science Fair encourages students from K – 12 to undertake scientific and technological innovation. Students will be presenting their projects to groups, peers, and judges. The Toronto Science Fair has coordinated over 100 regional and science fairs Canada wide.

Time & location: 3:30 PM – 5 PM

[View Map](#)

University of Toronto Scarborough Campus, 1365 Military Trail,
Scarborough, ON M1C 1A4

For more information: <http://www.torontosciencefair.ca/>

Saturday, April 6

Solar Observing. Safely Observe the Sun (Ontario Science Centre)

Join the Royal Astronomical Society of Canada at the Ontario Science Centre for their monthly Solar Observing on the TELUSCAPE observing pad. This is the area in front of the Science Centre's entrance.

Time & location: 10 AM – 12 PM

[View Map](#)

Ontario Science Centre, 770 Don Mills Rd, Toronto, ON M3C 1T3

For more information: <https://www.rascto.ca/content/solar-observing-110>

Tuesday, April 9

Lake Ontario Evening on Canada's First Urban National Park (Toronto and Regional Remedial Action Plan)

Rouge National Urban Park is an easily accessible wilderness get-away that encompasses wetlands, meadows, mature trees, and historic farms. Join this free event to learn about the history, features and value of this important greenspace at the Toronto and Region Remedial Action Plan's next Lake Ontario Evening.

Time & location: 6 PM – 9 PM
Gladstone Hotel, 1214 Queen Street West, Toronto, ON M6J 1J6

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Registration required <https://www.eventbrite.ca/e/lake-ontario-evening-on-canadas-first-urban-national-park-tickets-57130746601?aff=ebdssbdestsearch>
For more information

Wednesday, April 17

School of the Environment Research Day

Held during Earth Week, the School of the Environment's Research Day 2019 showcases faculty and graduate research on a broad range of environmental issues affecting the planet in this series of talks that will investigate the impacts of climate change, greenhouse gas emissions, plastics pollution, and the health of communities.

Time & location: 12:15 PM – 6 PM
Faculty Club, 41 Willcocks Street, Toronto, M5S 1C7

[View Map](#)

Registration required <https://www.eventbrite.ca/e/school-of-the-environment-research-day-tickets-58805416584/amp>
For more information

Thursday, April 18

Wellness Lectures: Aging and Cognition (Bernard Betel Centre)

Learn about common health concerns, treatment, and prevention options to help manage your physical and psychological wellbeing in the aging process. Join Professor Yang and Ryerson psychology students as they discuss aging and cognition. Speaker: Dr. Lixia Yang, Professor, Department of Psychology, Ryerson University.

Time & location: 1:30 PM – 2:30 PM
Bernard Betel Centre, 1003 Steeles Ave West, Toronto, ON M2R 3T6

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For more information: Maria Lindgren at 416-225-2112, ext. 130
<https://betelcentre.org/health-promotion-wellness/>

Thursday, April 25

Improving Your Sleep (Leva Sleep Inc.)

This wellness lecture will focus on teaching you better sleep habits in order to improve your quality of sleep. Join speakers from sleep experts at Leva Sleep Inc. to improve your sleep.

Time & location: 1:30 PM – 2:30 PM
Bernard Betel Centre, 1003 Steeles Ave West, Toronto, ON M2R 3T6

[View Map](#)

For more information: 416-225-2112 ext. 130
<https://betelcentre.org/health-promotion-wellness/>

Sunday, April 28

If I Ran a Zoo! (Royal Canadian Institute for Science)

What is the role of a modern zoo? What do zoos do and why do they exist? This program will address some common misconceptions about zoos and spark a conversation about their role in modern society. Hear about the history and origins of zoological institutions, explore the current state of zoos and their role in conservation.

Time & location: 2 PM – 3:30 PM
JJR Macleod Auditorium, 1 King's College Circle, Toronto, ON,

[View Map](#)

Registration required 416-977-2983
For more information: <https://www.rciscience.ca/events-1/ifiranthezoo>

Multi-day Events

Monday, April 11 to Thursday, April 14

City Star Party (first clear night: Monday to Thursday). Royal Astronomical Society of Canada (RASC) – Toronto Centre.

Hover above the moon like an astronaut and get eye-to-eye with the planets. Find colourful stars, star clusters, bright nebulae and even another galaxy. RASC monthly City Star Party is the place to catch the universe from within the city limits at Bayview Village Park.

Time & location: Time - TBD
Bayview Village Park, 2945 Bayview Ave, Toronto, ON M2K 1E9

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For more information: <https://rascto.ca/content/city-star-party-first-clear-night-monday-tuesday-or-thursday-11>

Weekly Events

Wednesdays, April 6, 13, 20 & 27.

Public Viewing. Allan I. Carswell Observatory. York University.

The observatory welcomes public interest and promotes the field of astronomy to those who are interested. The public viewing program runs all year. The observatory is open regardless of weather conditions.

Time & location: 7:30 – 9:30 PM
Life Sciences Building, 6 Thompson Road, Toronto, ON

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For more information: <http://observatory.info.yorku.ca/join-us-wednesday/>

Thursdays, April 7, 14, 21 & 28

Health Promotion & Wellness. Wellness Lectures. Bernard Betel Centre.

Join Bernard Betel Centre every Thursday for a weekly wellness lecture on various topics of health, wellness, fitness, nutrition, disease prevention, alternative therapy, mental health, and much more. Learn about the latest health information from the experts.

Time & location: 1:30 – 2:30 PM
1003 Steeles Avenue West, Toronto, ON M2R 3T6

[View Map](#)

For more information: <https://betelcentre.org/health-promotion-wellness/>

Thursdays, April 7, 14, 21 & 28

Mindfulness Circle. Woodfield.

Join Woodfield weekly Mindfulness circle to explore modern approaches to Mindfulness. Nathalie Niddim and Dhani Oks will guide these sessions and explore related topics ranging from mindful ways to use technology, effects on teen brains, risks of multitasking, mindfully eating together, productive screen habits and how the erosion of eye contact is a bad thing.

Time & location: 6:30 – 7:30 PM
lululemon Attic, 318 Queen St. West, Toronto, ON M5V 2A5

[View Map](#)

Registration required: <https://www.eventbrite.ca/e/woodfield-mindfulness-circle-lululemon-attic-tickets-52239374375>

There are also free programs at the **Toronto Public Library**.



- Science & Technology programs: <http://www.torontopubliclibrary.ca/programs-and-classes/categories/science-technology.jsp>
- Health & Wellness programs: <http://www.torontopubliclibrary.ca/programs-and-classes/categories/health-wellness.jsp>



Also, connect with us online and get the latest library news, event listings and librarian expertise at the **North York Central Library blog**:
<http://torontopubliclibrary.typepad.com/north-york-central-blog/>

